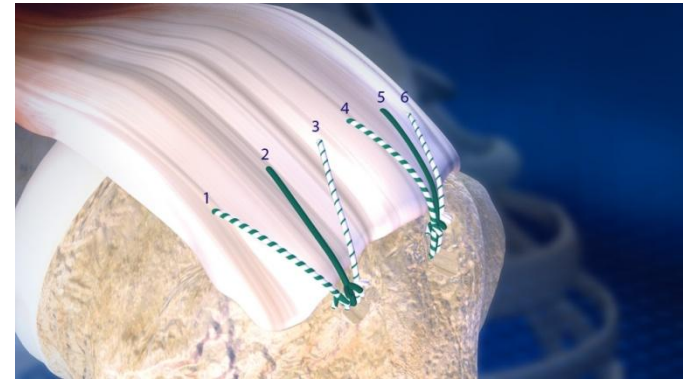
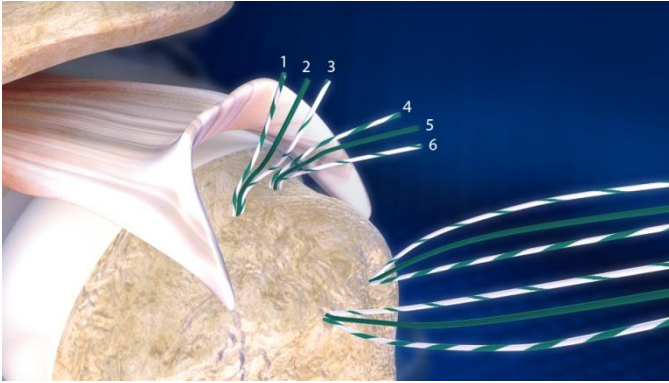
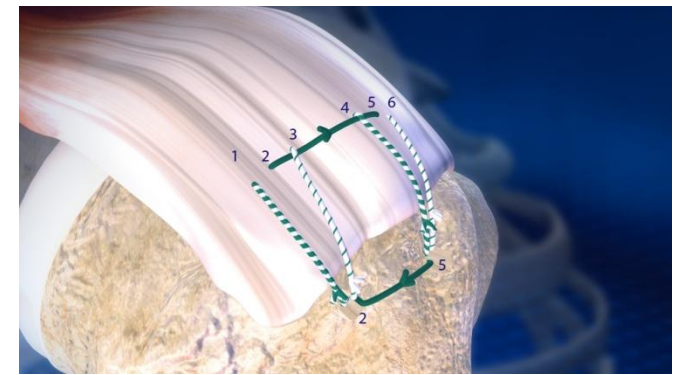
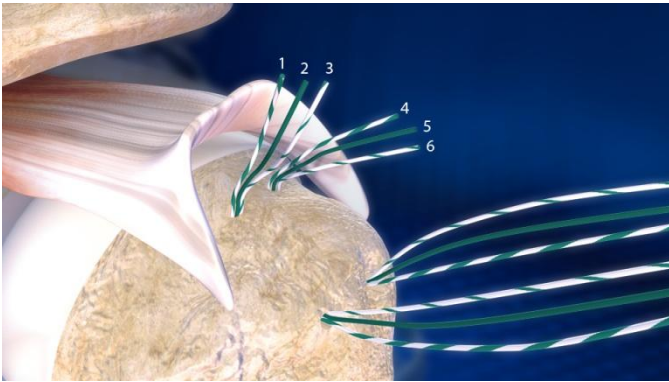


### ArthroTunneler™ Suture Management: Simple Technique



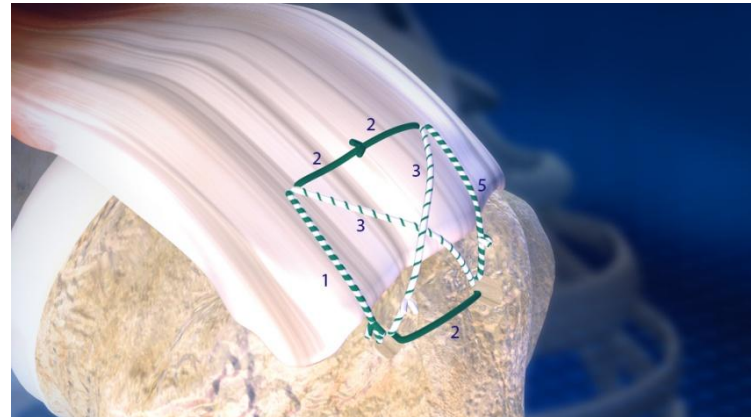
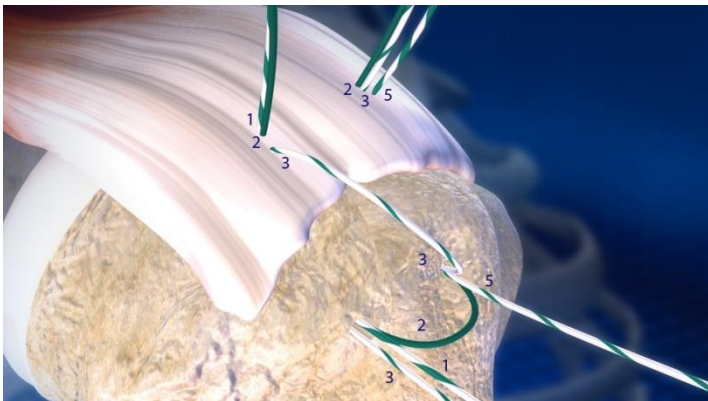
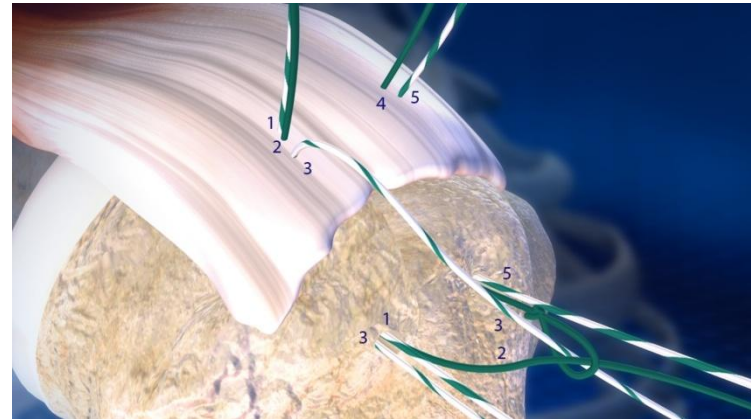
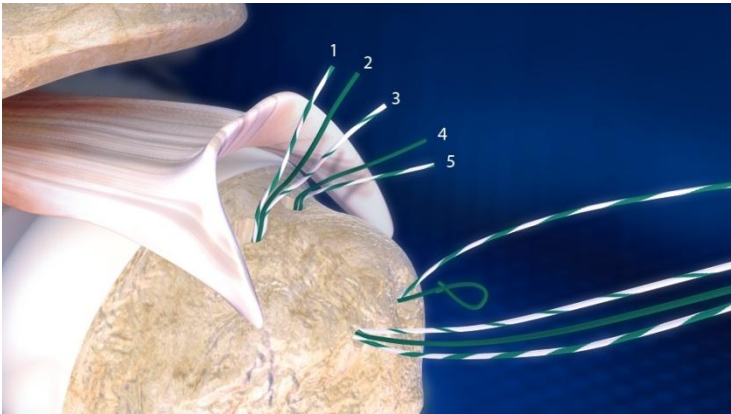
After passing the medial ends of each suture through the cuff, tie the medial and lateral ends of each suture, #1 through #6, together taking care to place the knots as far lateral as possible for patient comfort.

### ArthroTunneler™ Suture Management: Mattress Technique



**Step 1:** Pass the medial ends of each suture through the cuff; **Step 2:** Tie the medial ends of sutures #2 and #5 together in mattress fashion to create a medial bridge; **Step 3:** Tie the medial and lateral ends of suture #6 together, creating a simple stitch. Repeat for suture #3, followed by #4, then finally #1. The simple stitches of sutures #4 and #3 should go over the top of the medial mattress bridge created by sutures #2 and #5. **Step 4:** Tie the lateral ends of sutures #2 and #5 together to create a lateral mattress bridge.

## ArthroTunneler™ Suture Management: X Box Technique



**Step 1:** Pass the medial ends of each suture through the cuff; **Step 2:** Use suture 4 as a shuttle to draw the lateral end of suture #2 and the medial end of suture #3 up through the anterior tunnel, from lateral to medial; **Step 3:** Discard suture #4; **Step 4:** Tie the ends of suture #2 together as a medial mattress; **Step 5:** Tie the ends of suture #3 together diagonally, anterior medial to posterior lateral; **Step 6:** Tie the medial and lateral ends of sutures #1 and #5 together